

# 2017 MACH Cross Country Registration Form

Practices begin **Wednesday, August 16<sup>th</sup>, 2017** at Clawson Park (season runs through mid-October), and will be held from **6:00 pm to 7:30 pm**.

**Tuesday:** Boulan Park, Troy (Crooks, between Big Beaver and Wattles)

**Wednesday:** Clawson Park, Clawson

(Off W. Elmwood Ave., between Crooks and Main, and between 14 Mile and 15 Mile)

**Thursday:** Civic Center Park, Madison Heights (13 Mile, between Stephenson and John R)

**Runners may attend any one, two, or all three practices each week**

**\$35 per runner**

\*You must have a signed registration form turned in before your child can participate in any practice\*

Registration fee due by August 31st

Parent Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Phone #1: \_\_\_\_\_ work  cell  home

Phone #2: \_\_\_\_\_ work  cell  home

Email: \_\_\_\_\_

Runner(s):

name: \_\_\_\_\_ circle: m/f date of birth: \_\_\_\_\_ grade: \_\_\_\_\_ t-shirt size: \_\_\_\_\_

name: \_\_\_\_\_ circle: m/f date of birth: \_\_\_\_\_ grade: \_\_\_\_\_ t-shirt size: \_\_\_\_\_

name: \_\_\_\_\_ circle: m/f date of birth: \_\_\_\_\_ grade: \_\_\_\_\_ t-shirt size: \_\_\_\_\_

name: \_\_\_\_\_ circle: m/f date of birth: \_\_\_\_\_ grade: \_\_\_\_\_ t-shirt size: \_\_\_\_\_

name: \_\_\_\_\_ circle: m/f date of birth: \_\_\_\_\_ grade: \_\_\_\_\_ t-shirt size: \_\_\_\_\_

**All shirts come in standard sizes as follows (when in doubt, order up):**

\*\*\*youth small = size 6-8 \*\*\* youth medium = size 10-12 \*\*\* youth large = size 14-16\*\*\*

\*\*\*adult small \*\*\* adult medium \*\*\* adult large \*\*\* adult extra large\*\*\*

total amount due: \_\_\_\_\_

check enclosed (**payable to MACH Sports**)

cash enclosed

We, the undersigned parents, or legal guardians, of persons listed above, do hereby consent and agree that the above named persons may participate in the MACH Cross Country Program. We understand that injuries from running are not uncommon, and it is agreed and understood that the volunteer coaching parents assume no legal liability for injuries or loss as a result of such participation. The undersigned agrees to indemnify, defend, and hold harmless MACH, and its volunteers, from any claim or injury arising from my participation or that of my children. No person is permitted to participate in any team activity unless they have satisfactorily completed this release and waiver.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_